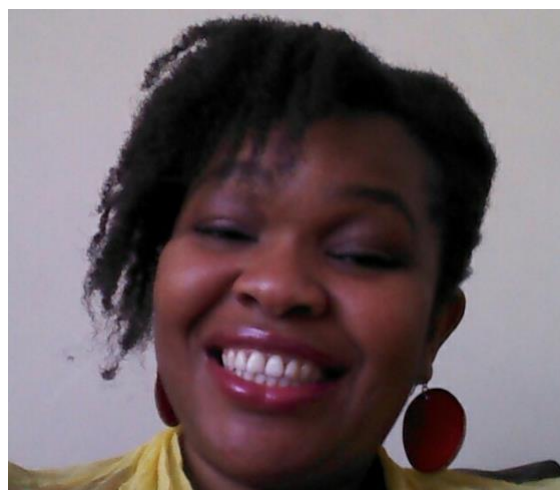


## Speaker Bios

**Dr Chi-Chi Ekhaton MBBS, MRCPCH, MRCGP**  
**GP, GP Appraiser**



Dr Chi-Chi Ekhaton is the Chair of the Five2Medics Steering group. Five2Medics, an initiative of Ascension Trust was born out of the desire to build wellness and resilience in communities facing challenges, disadvantage and requiring support. Working in partnership with key stakeholders, they deliver projects and initiatives that promote health and protect wellbeing especially at times of crisis. Together they aim to improve lives and reduce the impact of physical, psychological and social issues on individuals, communities and systems.

Professionally, Dr Chi-Chi Ekhaton is a GP in London and a GP Appraiser for NHS England. She has clinical interests in the following areas: wellbeing in disadvantaged communities, domestic violence and abuse, paediatrics, digital healthcare and medical education. She is an examiner at St George's Hospital Medical school and has been involved in projects to widen participation for entry to medical school. She advises hospitality and corporate organisations in emerging nations such as Ghana and has led several medical projects in less resourced countries and communities around the world. She takes an active role in her community as a director of Ascension Trust, an organisation that seeks to help the vulnerable in society. She was also previously an elected school governor overseeing special educational and disability needs, aspects of health and safety as well as welfare of the school community.

## **Dr Delroy Hall, Senior Counsellor, and wellbeing practitioner**



Dr Delroy Hall is a trained psychodynamic psychotherapist and is a lifelong learner. He is a senior counsellor and wellbeing practitioner at Sheffield Hallam University, UK, and is developing a private consultancy which offers on-line training, seminars, and webinars sessions dealing with loss and grief, depression, anxiety, and clergy stress. Primarily, Dr Hall is committed to dealing with human pain while developing trust, so people can recover and thrive.

He has been in active ministry for over 25 years and is an ordained Bishop within the Church of God of Prophecy, UK. Over the years he has served in various congregations, and for the last ten years, within the pastorate, he was a regional presiding bishop for the North East of England, having the oversight of eight churches. He is commitment to teaching and has given lectures at Harvard University and Boston College Massachusetts, USA, and Durham University, UK. He teaches at Leeds Beckett University, UK and was appointed as the Sports Chaplain for Sheffield United Football Club in September 2017.

Outside of his normal duties he keeps fit. As a former four hundred metre hurdler, ranked No 2 in Great Britain in 1979, he is presently training to compete in various triathlon events in the UK. He is married and has twin daughters.

**Dr Daniel Osigbe MBBS, BSC., MRCPGP**  
**GP, Author**



Dr Daniel Osigbe qualified from King's college school of medicine in 2010 and has worked in hospitals across the Midlands and London. He has a strong interest in Tropical and travel medicine, which led him to live and work in South Africa for a year, he has also worked in Ghana during his medical training. While working in South Africa at the Bethesda hospital, Daniel also set up a food distribution program, given the amount of poverty on the local area.

On returning to the UK, he completed his GP training in London. However, his interest in travel medicine hasn't waned, and he has organised and led medical missions to Uganda as he has a passion to serve those who have less access to good healthcare.

He has worked in several specialties, taking up locum posts in General surgery, General medicine, ENT, A&E and Trauma and orthopaedics

He has a strong interest in mental health, especially in respect to educating and reducing stigma within BAME groups. He organises a 'Mental health awareness day' in his local church, which they open up to the community annually. He is also involved in various targeted health promotion initiatives.

He is the lead GP at 'the Practice Furzedown', a position where he is also the lead for adult/child safeguarding and pathology. He combines this with his work as a GP with Medics2You, a tech company in which he is an investor. They provide telehealth services to clients from Nigeria

Aside from his medical interests, he has authored a book, and continues to write. Other activities include helping to set up a mental health network for the BAME population in the UK, to being part of an intervention group; aimed at getting young black boys and girls to reach their potential.

**Dr Nwakuru Nwaogwugwu BSc, MBBS, MRCGP, Darzi Fellow (PG Cert Clinical Leadership),  
MSc (Health Economics, Policy & Management)  
GP, Deputy Medical Director, Hurley Group**



“While excellent work continues in practices daily there are many areas where we need to do better and do so quickly. I have always loved to work with and speak up for vulnerable and marginalised communities.”